

➤ 8 players of the Academy, along with coach Mr. D K Sen and Physio Dr. Abdul Wahid are part of the Indian team selected to compete in the Badminton Asia Junior U-17 & U-15 Championships in October.



➤ Lakshya Sen will be India's biggest hope to return with a gold medal from badminton at the Youth Olympic Games to be held in Buenos Aires, Argentina from October 6. Lakshya Sen is part of the 46-strong contingent from India at the Youth Olympic Games. With title win at the Asian Junior Badminton Championships 2018, Sen has become the brightest prospect of Indian badminton.



In other news:

Maisnam Meiraba, currently India's top U-17 Singles player won his second National U-19 Boys' Singles in the All India Ranking Junior Tournament in Chandigarh.

Aditi Bhatt partnering Tanisha Crasto who trains at the Padukone Sports Management centre in Dubai excelled to win the Junior Girls' title. This pair has been dominating the U-17 Girls' events, winning the Nagpur and Hyderabad legs of the Sub Junior Circuit.





Badminton

PPSM

Achievements are soaring high here!

➤ Prithvi R who trains in the Advance batch won the Boys U-17 Singles and Doubles as well as the Runners-up in U-19 Singles at the Ramaiah Rajan State Ranking Tournament held at CUCT.



➤ Hezal and Shikhar made it to the Mixed Doubles Semi-Finals at the Delhi State Open Tournament



➤ Nayanika Pratap Singh won the Senior Girls Championship in the all India ICSE Inter-School regional level Badminton tournament. She will play nationals next to represent Vidyashilp Academy





Kaniska Shree scores big in 14th Annual JASE Cup!

Kaniska came out of the Jain Academy Invitational Inter School Sports Festival tennis competition. Playing in the Girl's Open division she played amazing tennis throughout the event and brought home the winner's certificate and medal. Keep up the good work.



Maanav Jain rolls in Doubles victory!

PBITA full day program attendee Maanav Jain captured the Trivandrum U16 Doubles Championship. With a strong serve and return game and an aggressive partner Maanav moved through the draw and played tough tennis when it mattered most. Congrats to Maanav on the victory.



Announcing PBITA Player of the Month: Lakshanya Vishwanath! PBITA coach Jorge Pinilla said, "Lakshanya shows a great deal of commitment, effort and professionalism on and off the court. Her efforts at practice have shown in her tournament results. She sets the bar high as an example for others who want to become PBITA Player of the Month.





Ray Malik school of squash had an eventful & exciting month of squashing in September. We are glad to share that 20 regular students train with us, varying from 9 to 15 years age group besides others.

Shanda was the runners up at Chennai & Semifinalist at Kolkata tournament.

Parmeet Singh, our head coach won the pro event at Mumbai.



BOCA Juniors has exciting news to share!

Results from the Boca League Cup 2018 Edition:

- Following teams participated with their U-15 & U-13 teams - Boca Juniors, BYFL, Jain Academy of Sporting Excellence, Anantpur Sports Academy, Great Goals (Chennai) & Reeds FC (Hyderabad).
- The League Tournament was over 3 months and all the visiting teams appreciated the League and CSE Infrastructure.



Visitors at Abhinav Bindra Targeting Performance Centre

Mumbai Indian Players-
Dhawal Kulkarni, Royston Dias,
Tushar U Deshpande and
Shivam Dube had an induction
session at ABTP

The BYFL U-13 & U-15
players were sport
specifically assessed to
enhance and improve their
individual performances

The management and
coaches from Laurels School
International, Indore, M.P.
were appreciative about
advanced sports technology
available at ABTP





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HELPFUL AND MOTIVATING ATTITUDES

For Players, Coaches, and Parents



BE DETERMINED
to grow, learn, improve, win, and fight during your training sessions and in competitions. Have short and long-term goals and complete them.

BE COMMITTED

to your training and development. Growing as a player depends on your focus, effort, and consistency in training and outside of training- like eating and relaxing well.



RESPECT YOURSELF AND OTHERS

Speak to people politely, ask questions when unsure, and respect people's time. Stand up for yourself and others when and where necessary.

ASK FOR FEEDBACK

regularly and use the information to improve your playing style and game. Focus on how you can improve and don't focus excessively on your mistakes.



SELF-REFLECTION

At the end of each session, take a moment to think back on your day. Recall your strengths and improvements, and make mental notes of where and how you need to improve.



+91 9404 414 417

shaantanu@samiksha.co



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HELPFUL AND MOTIVATING ATTITUDES

For Players, Coaches, and Parents



BE ENTHUSIASTIC

during training and competitions.
Approach every situation with a
positive, directed attitude.

BE CURIOUS

about your training, fitness, nutrition,
and recovery. Ask questions and
understand why and how your body
responds and grows in different
situations.



BE OPEN

To trying new things, exploring
different areas, to others' opinions
and views. Explore areas outside of
sport and meet people from different
backgrounds.

PUT IN EFFORT

In training and competition. Always be
prepared to give more than what is
required and push yourself every day
to do more than the previous day.



CONTACT US

+91 9404 414 417

shaantanu@samiksha.co

www.samiksha.co